

Core Values 2024-2025

August

Responsibility – Proving you can be trusted with what is expected of you

September

Commitment– Making a plan and putting it into practice

October

Respect – Showing others they are important by what you say and do

November

Self-Control – Choosing to do what you should even when you don't want to

December

Gratitude – Letting others know you see how they've helped you

January

Perseverance – Refusing to give up when life gets hard

February

Compassion – Caring enough to do something about someone else's need

April

Teamwork/Cooperation – Working together to do more than you can do alone

May

Leadership/Trust – Putting your confidence in someone you can depend on



SBE Counselor Connection

Sonal Bhuchar Elementary

March 2025

Message from the Counselor

Our core value this month is integrity. Teaching students the importance of integrity helps them build strong character, make responsible choices, and develop positive relationships. Integrity means being honest and doing the right thing even when no one is watching. When children learn to act with integrity, they gain the trust of others, feel proud of their actions, and become role models in their schools and communities. By reinforcing integrity in the classroom and at home, we help students grow into respectful, responsible, and compassionate individuals who make good decisions throughout their lives.

It is hard to believe we only have a few months left of the school year. As the final stretch approaches, we encourage our students to pause and take a breath when they need it. With all of the skills they have developed this year, our students have what it takes to finish strong. We have a lot of learning left to do and exciting experiences ahead! Please let me know if there is anything I can do to further support your child as our school community works together to make the remainder of the year successful and memorable.

Monica Sane

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March Core Value

INTEGRITY

Choosing to be truthful in
whatever you say and do



Quaver Ready Community Resources

Every month, Quaver Ready resources are shared in a separate document to reinforce social-emotional skills at home. Parents are able to support your child's growth by exploring Quaver Ready activities together. The platform includes fun songs and games that can be used to spark meaningful conversations and strengthen social-emotional learning (SEL) skills. Please use the QR codes in the attached community resource to access the song/activities for the month and review the conversation corner for discussion ideas.